

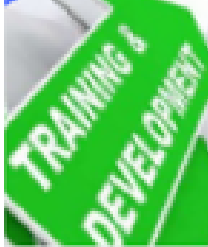
Are you a Health Care Professional in Bedfordshire, Luton
or Milton Keynes?



FREE TO ACCESS E-LEARNING COURSES

Please see below a number of courses that are free to access e-learning courses. The below is just a selection of what is available.

Course	Provider	Description
Covid-19 Programme	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_45016&programmeld=45016	This programme offers a variety of sessions including remote consultation / triage tips, information for end of life care and staff wellbeing & resilience through Covid.
Flu Immunisation	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_33514&programmeld=33514	The Flu Immunisation e-learning programme provides all healthcare practitioners involved in delivering the national flu immunisation programme with the knowledge they need to confidently promote high uptake of flu vaccination and effectively deliver the vaccine programme.
Immunisation	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_39333&programmeld=39333	An e-learning course which will provide the knowledge and information for clinical staff to advise on and deliver the national immunisation programme. It has been designed to meet the national minimum standards and the core curriculum on immunisation
Introduction to Mindfulness	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_39787_39788&programmeld=39787	This course provides an overview of what mindfulness is. It provides a definition of mindfulness, the evidence for it and where to get more information for further resources and support.
Leadership for Clinicians	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_39787_39788&programmeld=39787	LeAD is a free and engaging e-learning resource to help clinicians develop their understanding of their role in contributing to the management and leadership of health services. LeAD is available to all clinicians regardless of their profession or specialty.
Leading Change, Adding Value	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_39995&programmeld=39995	An e-learning tool to support all nursing, midwifery and care staff to identify and address unwarranted variation in practice – recognising unequal standards of care and changing them.



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Obesity	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_39995&programmeld=39995	This e-learning course is designed to help GPs and other primary care clinicians develop the knowledge and skills necessary to address obesity when presented in a primary care setting. The course contains four sessions which address the issue of obesity, how to clinically assess unhealthy weight and how to subsequently manage this, including how to take a behavioral change approach with adults and families. This course has been developed by the Department of Health and e-Learning for Healthcare, with the support of clinicians.
Sepsis in Primary Care	e-LfH https://portal.e-lfh.org.uk/Catalogue/Index?HierarchyId=0_39995&programmeld=39995	This course is aimed at all clinical staff that work in primary care and consists of five e-learning sessions. It provides guidance on diagnosing sepsis in adults, children, elderly and complex issues such as maternity and neutropenia.
Immunisation update for HCAs	Practitioner Development UK https://www.pduk.net/elearning.php	This course will cover adult immunisations, medicine management and the legal and professional issues that Health Care Assistants face. It is intended for Health Care Assistants who have completed their initial immunisation training. This course is in line with the HPA immunisation minimum standards for immunisation training. A final examination will take place on completion of this course
ShinyMind App	<p>ShinyMind App is available to all BLMK Primary Care Workforce for free. Please email Samantha.stone8@nhs.net for an account.</p> <p>Designed by the NHS for the NHS to proactively provide daily wellbeing and resilience support</p> <p>Practical, evidence-based resources including 11 masterclasses on a range of topics including reflection, stress management, self-compassion, mindset and meditation</p> <p>Functionality to create a positive, compassionate community</p> <p>Hear Janet Thornley, GPN Strategic Lead, describe her experience https://www.youtube.com/watch?v=bt9E5yfDlv8&feature=youtu.be</p>	

TRAINING & DEVELOPMENT

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First Steps in Recognising the Acutely Ill Child	Practitioner Development UK https://www.pd.uk.net/elearning.php	This FREE course looks at the initial core skills needed for assessing severity of illness in the sick child. It covers common symptoms to look out for and diagnostic examination methods. It is a guide upon which further practitioner skills and confidence can be developed. Included are interactive activities and games to aid learning, along with images and glossary.
UKIG Standards for Inhaler Technique	Education for Health https://ukiginhalerstandards.educationforhealth.org/	<p>The UK Inhaler Group (UKIG), a coalition of not-for-profit organisations and professional societies, recognises that many people find inhalation of medicines complicated and difficult leading to sub-optimal use and effect. It is vital that healthcare professionals have the skills to assist patients, yet many practitioners lack the necessary knowledge and skills relating to inhaler technique to support them.</p> <p>As a result, UKIG has developed a set of standards and competencies for healthcare practitioners to enable them to work with patients to optimise technique and maximise the benefit of the medication. This site shows the standards in an easily accessible way.</p>
Chronic Urticaria Online Module	Education for Health https://chronicurticaria.educationforhealth.org	This free eLearning programme is designed for UK healthcare professionals who need to enhance their chronic urticaria knowledge. It will take you approximately 60-75 minutes to complete. At the end you can complete the short assessment and print off a certificate of completion
e-Asthma Programme	Education for Health https://www.educationforhealth.org/allresources/free-elearning/#east	The e-Asthma programme is an interactive e-learning resource for healthcare professionals which aims to improve the diagnosis and management of asthma as a long term condition for children and adults.

