

A large, solid purple shape, resembling a semi-circle or a wide, shallow arch, is positioned in the lower half of the page. Along its top edge, there are several large, solid-colored circles in a gradient from green on the left to yellow in the center to orange on the right.

**LEADERSHIP PROGRAMME
COHORT 1 FELLOW**





Dear Fellow

Welcome to Bedfordshire, Luton & Milton Keynes 'Leading Beyond Boundaries' Leadership Programme. We are delighted that you are part of this exciting opportunity to develop your own skills to support the local service transformation within our system.

This is the first cohort of the programme, which supports the work of the Bedfordshire, Luton & Milton Keynes Integrated Care System, and is based on the well-established Frimley 2020 Programme which is part of the Frimley Leadership & Improvement Academy. We will be building on the Partnership's achievements to help you become better equipped with the skills, confidence and courage to be leaders of change and innovation to benefit our local population.

The protected nature of the programme's sessions affords you the freedom to immerse yourself completely and to explore all possible opportunities. We hope, in particular, that through the programme you will have a better understanding of the complex nature of local health, care and wider sector systems and communities.

During the programme we will be looking at; how we engage and work with our local communities, how health, care and wider public systems can collaborate better, what innovation is and what it can mean, the limitless positive potential of curiosity, how ground-breaking ideas can be taken from that lightbulb moment through to reality and how what we are doing really can improve the lives of local people.

We want you to emerge from the programme with big aspirations for you, your system and your local population. Change often starts with one person asking how can we help each other to do things differently in a way that matters to local people. We hope to support you with the tools, knowledge and skills to have the confidence to be that person, looking to work collaboratively with others to find effective solutions.

We wish you the greatest success as you all embark together on this exciting leadership journey.

With best wishes,

Anita, Matthew and Alison



Anita Pisani

Deputy Chief Executive
and Director of Workforce
and Service Re-Design
Cambridgeshire Community
Services NHS Trust

Matthew Winn

Chief Executive - CCS NHST
- Director Community Health
and SRO for Ageing Well- NHS
England/Improvement

Alison Lathwell

Strategic Workforce
Programme Lead Bedfordshire,
Luton and Milton Keynes
Integrated Care System

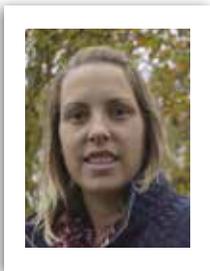
LBB Cohort 1



Amanda Flower

After studying Business and Finance I started my NHS career in Medical Education in 1994, in sunny Manchester.. Since moving South in 1998 I have been fortunate enough to experience a range of managerial roles in different NHS settings, including working as a Practice Manager in Kensington, a Service Manager and Assistant Director for Child and Adolescent Mental Health in Hertfordshire, a Locality Manager role supporting Practice Based Commissioning, Assistant Director of commissioning for Long Term Conditions and, more recently, Associate Director of commissioning with Luton CCG.

I am married with two young children and outside of work I enjoy exploring the beautiful Hertfordshire countryside by foot or bicycle with my family and travelling further afield. I was given a real taste of travelling when I was fortunate to spend two years in South East Asia and Australia in 2000-2002 – an experience I will never forget and hope I can repeat when I retire.



Barbara Moran

I began my NHS career fifteen years ago, working in Public Health at Bedford Primary Care Trust. I later moved to London to a Mental Health Hospital managing the Exercise Therapy Team and specialising in Obsessive Compulsive Disorder. I then spent time working for Healthwatch Central Bedfordshire as their Research and Insight Officer. This role enabled me to better understand the NHS from a patient perspective and how confusing it can be to navigate the system. I then moved in to Commissioning and spent time at both Bedfordshire and Luton CCG's. I have recently returned to Bedfordshire CCG after Managing a GP Practice. I now commission Unplanned Care services including Integrated Urgent Care (111 and OOH), Urgent Treatment Centre and Same Day Emergency Care.

I am a dynamic leader who enjoys a challenge. I always look for the opportunities in a situation and like to try new things. I like to embrace technology and am excited about the role it may play in the future of healthcare.





Beccy White

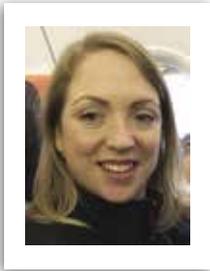
I started my working life at Guide Dogs for the Blind, training dogs! After leaving the area I then commenced a career predominantly working in Public Health and within NHS commissioning.

I have spent the majority of my working life in Oxfordshire, starting off in a District Council leading on health and wellbeing, then moving to Oxfordshire PCT, then CCG, with roles in Public Health and Mental Health and Joint Commissioning.

Five years ago I came East and joined the Milton Keynes Public Health team leading on children and young people's commissioning and transformation, and interim head of service role. For the last 18 months I have been fortunate enough to have had the opportunity to undertake a secondment to a Systems Leadership role, working within the Integrated Care System, delivering BLMK Prevention Priority.

I have now recently joined Luton Borough Council, managing the Integrated Children's Commissioning Team, and am really looking forward to shaping the opportunities that integration can bring to improve the health and wellbeing of our young people.

Outside of work I enjoy walking my dogs, catching up with friends and family and a little bit of knitting!



Charlotte Davies

Originally from the Midlands, I completed an undergraduate degree in the city of Manchester. On returning home I pursued a nursing qualification and worked in a range of specialist and community learning disability services.

Personal and professional life developments lead me to Milton Keynes, the implementation of Sure Start Children's Centres and the challenge of a Master's in Business Administration.

Side stepping into commissioning prior to starting a family, my two amazing children Harry & George are now both in school full time and I'm in a position to develop professionally again.

Various commissioning manager roles have provided experience across a range of provision for local authorities and the NHS. Being able to demonstrate sound knowledge in commissioning, procurement, contract and performance management. I have stepped into a strategic commissioning role for Children and Adolescent Mental Health services for Bedfordshire CCG and want to further develop my leadership style to support this.

Well-developed interpersonal skills, strong communication and a collaborative style will enable me to rise to the challenge Leading Beyond Boundaries offers and I look forward to the opportunities it brings.



Corrina Welbourn

I started my NHS career in 2000 as a ward clerk and have spent the last 18 years developing my project management and leadership skills attaining project management and leadership qualifications along with significant experience, specialising in System Resilience.

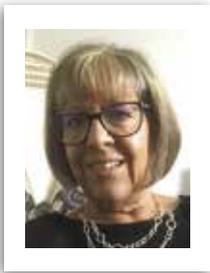
I have been responsible for leading the development, implementation and monitoring of a number of strategically, publicly and politically sensitive change sub-programmes across the Local Health Economy. This has involved managing multiple complex work streams with input from a variety of providers and stakeholders including unitary councils, commissioners and technical providers.



I have been involved in the establishment of localised national programmes working closely with national and local health and social care providers.

I have a passion for the NHS which only increases with time and my ambition is to be an integral part of the development of truly collaborative principles across the health and social care system in order to benefit patients and their families / carers by providing improved models of integrated care delivering joined-up, personalised, preventative and proactive care.

I live with my 21 year old daughter with who I share a passion of motorcycling, cooking and the countryside.



Debbie Crawford

Following an early career in direct work with children and young people, I trained to be an adult educator in order to share my skills and knowledge with others in support roles. This work has led me to setup and run a very successful Qualifications and Apprenticeships Centre within the Council, Support the reduction in Social Work vacancy rates and collaborate, develop and deliver on multi agency training programmes both inside and outside of the council. More recently I have picked up the responsibility for ensuring that we find ways to support the recruitment, development and retention of the adult care workforce and seek out opportunities to understand the barriers, issues and needs of this workforce and how we may find more successful approaches for the future. This, of course, will mean gaining an understanding of all the potential roles in health and care and develop career pathways, sound values around quality and more cross boundary opportunities. I have had good success in Early Years, Social Work and Education and believe that we have developed good approaches that can be taken forward in to Adult Care.



Dr Sanjay Nelson

I am a Consultant Psychiatrist in Luton and Clinical Director for Learning Disability services across East London NHS Foundation Trust. I have over 15 years of experience working in psychiatry and within the NHS. My core role includes holistic management of patients, providing clinical leadership for the four learning disability teams in East London NHS Foundation Trust, active liaison and joint working with various external partners and embedding trust values.

My other key role is in delivering teaching and training within the multidisciplinary team set up and as an educational supervisor. I am involved in the training of core and higher specialist trainee doctors. I have experience of being involved in research work and am continuously involved in service improvement through processes such as quality improvement projects. Another key part of my role involves contributing towards the strategic direction of learning disability services within the trust and service development based on the needs of the population we serve.



Edward Sivills

I have worked as a full-time GP partner at CMK Medical Centre for 14 years. In 2005, I was awarded a Distinction in my MRCGP examinations. In 2006, I was a PEC member and GP representative for the local practice based commissioning group. In 2008, I became a GP Trainer. In 2009, I participated in the Practice Leaders Programme. In 2010, I became a GP appraiser. In 2012, I joined the Quality and Performance Team of MK CCG as a Neighbourhood lead. I joined the local Prescribing Group at the same time. I stepped up to a GP board member role in July 2019. In 2018, I was awarded FRCGP.

I feel strongly about improving patient care. Throughout my career, I have shown innovation and creativity in trying to improve clinical care pathways.

My leadership skills were identified by the British Army when I received a Short Service Limited Commission.

In my personal life, I have participated in triathlons and marathons. I am married to a GP and we have 4 children.

I hope that this programme might offer me the opportunity to put my strategic planning and leadership abilities to the most effective use.



Gail Dearing

My name is Gail Dearing. I am a registered Mental Health Social worker and a warranted Approved Mental Health Professional. I have worked in Mental Health services for 26 years in a wide variety of roles; settings and geographical locations. My current role is Associate Director of Social Care/ Principal Social worker covering three Local Authorities:- Bedford Borough; Central Bedfordshire and Luton Borough. My portfolio includes providing leadership for the 80 Social workers in the Mental Health teams and working with colleagues and partners to ensure Social Care outcomes are delivered by the Trust on behalf of the Local Authorities. As part of this I lead on a number of projects:- Employment; The Mental Health Crisis Care Concordat/ Suicide prevention; Rough Sleeper outreach; Personalisation and Carers.

Outside of work, I am fortunate to be a mother and have a wide circle of family and friends. I love the outdoors, walking and running; going to see bands and the cinema! I also enjoy being part of my local community of Hightown in Luton and do some volunteering and am a Trustee.



Georgina Stanton

Although I started my career within a child health charity, I've spent most of my working life in local government, with a professional focus on communication and organisation development.

I am passionate about the sector and consider myself enormously lucky to have had the opportunity to work in County, District and ultimately Unitary level authorities.

I also had a two year stint on secondment to the civil service at the Department for Communities and Local Government. Whilst that was great experience, it wasn't right for me in the long term.

I missed working at the local level with colleagues and politicians to make things happen on the ground.

I am currently working closely with Central Beds colleagues on integration of health and care services and am an active member of the ICS Communications Collaborative.

I'm an optimist and pragmatist and, for those who are interested in Myers Briggs profiles, last time I checked I was an ENTP!



Glenda Hall

I have worked in the NHS since leaving school, qualifying as a Registered General Nurse at Kettering General Hospital, in 1987.

During my career I have held various roles both within the acute sector and community health services.

Whilst working at Bedford Hospital, as well as working for a time as a staff nurse specialising in medical nursing, I also worked as a Night Sister and then more latterly as a Site Manager/ Site Practitioner which included aspects of hospital management as well as an extended clinical role.

I gained a degree in Specialist Community Public Health Nursing (Health Visiting) in 2001 and after working for a few years as a Health Visitor I became a Team Manager and for the last 5 years have worked as Service Manager for 0-19 Services across Bedfordshire.

I have a passion for driving services forward to improve health outcomes for children, young people and their families and I'm committed to leading a service, working in partnership with key stakeholders, to deliver the best quality care possible.



Heidi Newton

I am the Managing Partner at Lea Vale Medical Group GP Practice in Luton and management lead for the newly formed Eden Network. I joined the NHS in 2000 after a career in the Civil Service in the UK and a brief flirtation with aviation industry in Australia. I started working initially for Bedfordshire Health Authority and then moved directly into Primary Care at NHS Luton. I had variety roles from data quality facilitator to clinical governance lead working very closely with the local practices.

I was lucky enough to find general practice in 2006 and have not looked back; I am passionate about primary care and believe we are at the beginning of an exciting adventure with the formation of networks. Over the last couple of years we have delivered innovative projects that are population lead and I am looking forward to being able to deliver these at scale through the networks

I am also embarking on training my dog as a therapy dog so we can provide "pets as therapy" to our local community.





Julie Cronnin

A proud Bristolian at heart, I met my husband of 31 years on a night out in the city and was soon moving North, then South East in the pursuit of career development and partnered life. Married at Gretna Green, my son Joshua and daughter Lily were born during a three year stop-over in Carlisle en route to Bedfordshire, whereby I initiated my career within Health.

Pioneering the university aspiration within my family, I qualified as a midwife in 1996. This was swiftly followed by a Public Health: Health Visiting degree that led the way for a professional life dedicated to the NHS. I have provider, clinical and managerial experience within Children's Complex Care prior to my most recent, commissioning roles.

As a Designated Clinical Officer for SEND/Complex Care Lead, I have worked across boundaries to support the CCG to meet its statutory requirements for SEND, whilst having oversight for the Children's Transforming Care and Continuing Care agendas.

A football enthusiast and devoted 'Gooner' fan living within a household of 'Hammers', I've developed a resilience I consider helpful when managing current conflicting priorities with the additional LBB commitment. I'm extremely grateful for the opportunity and excited to embark upon this journey.



Kate Sutherland

Although I have worn many hats in my career, the key thread has been leading successful change management programmes, within a variety of industries, including healthcare, local government, construction, architectural design, aerospace, commercial, retail and banking sectors. As a result, I have a considerable experience in managing substantial multi-disciplinary programmes and navigating complex challenges.

My current role is a jointly funded position; working across system to increase opportunities for integration between the Luton Borough Council and Luton Clinical Commissioning Group. Key drivers include the Long Term Plan, the Local Authority Health and Wellbeing Strategy, the Joint Strategic Needs Assessment and the recently drafted, jointly agreed 'At Place' one year and five year plans. My focus remains solidly on building and maintaining stakeholder relationships, working strategically to ensure the development and implementation of jointly agreed schemes, projects, initiatives and plans. The remit also includes the Luton Section 75 Agreement, the management of the Better Care Fund and Improved Better Care Fund.

Colleagues know me as an innovative business development manager; bringing expertise in strategic planning and implementation, stakeholder engagement, tackling efficiencies, productivity and health inequalities, to ensure sustainable, person centered outcomes.



Liam Clarke

Hi, I'm Liam and I am the Contracts and Business Development Manager for Central and North West London (CNWL) NHS Foundation Trust. My role is to support the services across our Division with their contracts, planning, business development, bidding, transformation/ project management and business strategy, as well as other general "business stuff". This means I spend most of my days working with lots of people across clinical and non-clinical services, both inside and outside of our organisation, to help to operationalise some of the big ideas and initiatives and turn them in to a reality for the patients we care for. I've been with CNWL for about 3.5 years, although I've been

working in Milton Keynes for closer to 9 years as I was previously with NHS Milton Keynes Clinical Commissioning Group. Outside of work I like to spend my time with family and friends, playing football and travelling.



Mahroof Nazir

Gaining my degree in politics and economics I started my career in Marketing. I loved the idea of developing marketing campaigns that stood out and forced the audience to stop and register the product. Starting out in a marketing consultancy allowed me to gain experience alongside professionals who were passionate about their work and taught me that having a strong work ethic and communication was as important as generating good ideas.

I developed my skills further by working for a world leading company, Leica Geosystems, on their award winning measuring device, the Disto. I successfully launched and managed the marketing campaign in the UK and ensured that the Disto was the market leader within the products first year. Following a lengthy career break I changed career to work in the NHS. I currently am a Senior Contract Manager, managing Patient Transport and the 999 contracts. I have a strong desire to ensure the contracts that I manage deliver the best service possible for patients requiring service of them. The patient transport contract, in particular, is an example of a contract that can benefit from collaborative working across the system to improve the contract. I hope to draw on previous experience and to develop skills to positively develop the patient transport service for all service users.



Mandy Roberts

I am the Emergency Department (ED) Matron at Bedford Hospital NHS Trust. The ED sees an average of 84,000 patients per year, regularly exceeding 300 patients daily. My role is to provide operational and clinical guidance to over 100 front line healthcare staff, ensuring the provision of high-quality emergency and urgent care.

I have a BSc First Class Honours in Emergency Nursing and I have recently completed an MSc in Contemporary Nursing (Advanced Practice). I have also been involved in a number of service improvements and innovations. These include the provision of a community service to reduce hospital admissions from nursing to residential homes, the implementation of an Urgent Treatment Centre and currently, I am jointly leading on the delivery of a Same Day Emergency Care unit.

I believe that the skills of the workforce within the NHS are limitless and only by capitalising on these will we be able to sustain exceptional healthcare. Innovating and inspiring people is challenging but I am a believer of practising what you preach. Recently taking up wild swimming is proof of this along with being a mum to a teenage girl which comes with its own challenges!



Marie Gresswell

I joined Bedfordshire Police in April 2004 having worked in the private sector as an Insurance Underwriter for both Nationwide Building Society and Norwich Union and I have over 15 years policing experience.

In March of 2019 I was temporarily promoted to Detective Chief Inspector with our Child and Vulnerable Adult Abuse (CAVAA) Unit responsible for a team of over 45 officers and staff, with the main aim of protecting vulnerable people whilst working alongside partners and multi-agencies to prevent and reduce child and vulnerable adult abuse and neglect. Before undertaking this role the previous 2-years were spent as a staff officer working for the Assistant Chief Constable to gain a better understanding of the strategic workings of the force. Prior to this I have been a career

detective working on homicide and serious crime investigations and have been the senior investigating officer for a number of high profile cases.

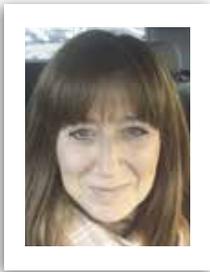
I have recently completed a part-time Mst. at Cambridge University on Criminology and Applied Police Management where my thesis centered around body-worn-video and low prevalence. I am currently in the process of writing an article to get published in relation to my findings and sharing my findings with other force agencies.



Nina Wright

I have been a registered social worker for over 20 years and social work values form a core component of how I lead, manage and engage with others. I have been in various leadership roles for approximately 15 years and for the past 8 years in more senior leadership positions. I have been employed by East London Foundation Trust since April 2018 as a Senior Manager, managing and leading on the Crisis pathway across Luton and Bedfordshire. This pathway works across the Crisis Resolution and Home Treatment Teams, Psychiatric Liaison Services, Liaison and Diversion Services in the Criminal Justice System, Perinatal Services, Police Mental Health Hub, Mental Health Street Triage and the Approved Mental Health Practitioner Service for the County.

I believe in using Quality Improvement methodologies as a means of monitoring the impact of change and in the redesign of services. I am committed to the development and design of services in partnership with service users and carers. I also believe that if you are able to show great leadership qualities, such as being creative, showing sincere care for others, having integrity and being trustworthy you can inspire others to accomplish amazing things.

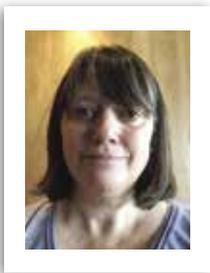


Ruth Klawza

I am a Registered Nurse Learning Disability with over twenty years experience working across Bedfordshire, Luton and, more lately, London.

I am currently the Strategic Lead for Learning Disability and Autism in East London Foundation Trust (ELFT), with additional responsibilities as the Associate Clinical Director for Learning Disability Services across the organisation. My professional special interests include LeDeR, for which I am the clinical lead and my drive is to continue improving health outcomes for people who have a Learning Disability, both physical and mental health.

My core roles include developing the strategic direction for learning disability within the organisation, embedding national policy and guidance affecting people who have a learning disability into Trust Governance frameworks. I also work closely with the Clinical Director for Learning Disability Services to bring all four community Learning Disability Services in ELFT together in a virtual directorate to develop consistent and joined up working.



Sally Harvey

Sally Harvey is a Social Work professional with 10 years' experience working within Local Authority front line child protection services. Prior to becoming a social worker, Sally spent 10 years within the pharmaceutical industry as a supply chain specialist. Between these roles Sally took a career break as the full-time mother to her now 18 year old son.

Sally holds an upper 2nd class degree in Biochemistry (BSc Hons University of Newcastle upon Tyne, 1987) and a 1st class degree in Social Work (BSc Hons University of Bedfordshire, 2009).

Sally's varied career and life experiences have enabled her to become a leader within the field of social care management. Sally is passionate about creating positive change for children and families; enabling children and families to achieve their full potential; and to be healthy, happy, fully contributing members of their communities. Sally sees the value of ever closer partnership and joined up working between social care, health services, education, police and voluntary

sector partners as being the most effective way of achieving better outcomes for children, families and society.

Sally is currently employed by Central Bedfordshire Children's Services as a Head of Service with responsibility for over 100 staff who provide Early Help and Statutory Support Services to children and families – including Children with Disabilities, Children in need and at risk of significant harm, Children Looked After and Children Leaving Care.



Sharon Day

I am a Senior Service Manager for the Women and Children's division at Bedford Hospital NHS Trust (BHT); I also take part in the Senior Manager On-call rota for the Trust. I started working in BHT as a Staff Nurse then moving into the Transformation Team and being responsible for the Quality Improvement programme and transformation for Elective Care.

I have a Diploma in Nursing and I am always looking to develop further both professionally and personally I have taken part in a coaching programme and the Change Leaders course with the Kings Fund, I enjoy attending courses to continually develop my skills.

I supported the delivery of the Quality Improvements consistently achieving between 86% to 90% of the target working with clinical teams throughout the trust supporting and challenging on new and innovative projects to improve patient care and efficiency within departments; including the introduction of Enhanced Recovery into Orthopaedics, improved care in neonates, Sepsis screening and reducing Care Home admissions to name but a few.

My passion is creating Asian cuisine being completely self-taught in the art of using and mixing spices, I also enjoy spending time with the family; I have two grown up boys and two grown up stepsons we enjoy each other's company and often socialise together.



Stephanie Godfrey

I am Stephanie Godfrey and I work for Bedfordshire Fire and Rescue Service.

My professional development began at Warwick University, where I studied Psychology, before completing my PGCE at Cambridge University and training to be a primary school teacher. I taught for 3 years and loved working with young people and the hands-on nature of the job.

Last year, I chose to change roles and started working for Bedfordshire Fire and Rescue Service as a Home Safety Advisor, delivering Safe and Well visits to vulnerable people in the community. At the beginning of this year, I began my current role for the Service as a Community Safety Officer (Youth Development). I deliver a wide variety of youth engagements within the community, focussing on anything from 1:1 engagements with junior firesetters, supporting the delivery of our Fire Cadet scheme or working long-term with groups of children from schools on our Fire Forward programme.

Personally, I enjoy running, being outdoors and travelling. Back in 2015, I spent a year travelling around Australia in a campervan called Dougie and always enjoy planning a new adventure!



Stuart Brereton

I currently hold the rank of Station Manager for Bedfordshire Fire and Rescue Service; I'm in charge of Luton Fire Station in Studley Road, Luton and also a RDS (retained duty system) Station in the village of Toddington, Bedfordshire.

In my role as an operational Station Manager I will be in charge of the day to day running of these two fire stations, this will entail responding to incidents, maintenance of equipment, appliances and buildings, training requirements and the welfare of over 75 Fire Fighters.

I have served with Bedfordshire Fire and Rescue Service for over 15 years, having worked in the past at Kempston and Dunstable Fire Station as well as being an instructor in the training department.

I am a self-driven individual and proud of my role and accomplishments within the Fire Service. During my time in the



service I have also become an Engineering Technician and a Graduate member for the Institution of the Fire Engineers and have gained diplomas for fire instruction and specialist rescue.

In Bedfordshire we aim “to make every contact count” and by having this opportunity I can hopefully expand on this and increase our Service footprint.



Susan Prince

My name is Susan Prince and I am proud to say I was born in the amazing city of Liverpool. This is where I get my sense of humour from I which believe to be an asset in all walks of life. I am married with two daughters, five grandchildren and three brothers. My hobbies include yoga, swimming and, most importantly, spending time with my family, with my mother being my inspiration. I have worked within the NHS since 1986 and have worked as an HCA and Midwife in all areas, including the community I been a ward manager and, currently, a matron in. I am passionate about the NHS and have seen many changes which I always endeavour to embrace some of which have been good and some not so good.

My vision is to improve quality and standards of care to empower and enable the team to deliver and implement change and to encourage ideas in order to make change within a positive multidisciplinary setting. I want to make a difference and have the tools to enable others to do the same. I am so excited that I have been given this opportunity and I intend to implement and share my learning.



Tanith Ellis

I have been Divisional General Manager for Women’s and Children’s services at Luton and Dunstable hospital since 2014. Starting as Assistant General Manager for Paediatric Services in 2009. I have a 34 year career in the NHS ranging from managing catering and domestic services and Mental Health Act manager in a large mental health unit, through to Corporate Affairs, Patient Advocacy and Service Development in Community Services.



Tara Dear

I was 14 years old when I had my first encounter with health improvement in Yorkshire. I took part in an improvement project which was recognised nationally and I was invited to the Houses of Parliament to speak to MPs and to contribute to national policy. It was such a great experience and led to the start of my NHS career, aged 17.

My current role is Assistant Director of Planned Care Commissioning for Bedfordshire CCG. I lead a team that works on making a difference for our patients by improving the way care is delivered and improving outcomes. My professional relationships and experiences have helped me to develop my leadership style, personal competencies and provided me with the opportunity to bring some of my creative flair.

I'm excited to join the BLMK Leading Beyond Boundaries programme which will give me an opportunity to improve my system leadership skills in a practical environment whilst having the dedicated time to think creatively, meet new people and make a difference.

In my spare time, you can usually find me out on the bike or hidden in my craft room coming up with yet another home accessory.



Vamsi Pelluri

I am a highly motivated Senior Manager and Certified Prince 2 Practitioner with a track record of improving performance and running safe departments in health and social care.

I specialise within the Health & Social Care sector, I lead on strategic programme development, organisational transformation and embedding key service improvement strategies to achieve organisational vision. I am responsible for project activities to establish and implement rigorous care models, innovative delivery frameworks and lean-optimised services to maximise the impact of allocated budgets.

Working with major Local and Health Authorities, I have built robust relationships to advance service interactions and negotiated effective partnerships to advance service standards and performance. Specialising in systems implementation, business analysis, change



management, performance management and transformation leadership, I aim to drive lean improvements, operational efficiencies and achieve cost savings to add impact and value to your organisational transformational and strategic service improvement needs.

I have led and am leading on projects focusing on implementing rigorous transformation within Health & Social Care services, I developed and led implementation of all programme projects establishing a robust framework of excellence.



Vicky Head

I am Public Health Consultant working across Bedford Borough, Central Bedfordshire and Milton Keynes. I lead on population health intelligence, health protection and healthcare public health, working closely with Bedfordshire CCG, Milton Keynes CCG and the ICS. My journey to public health began in local government; I spent 10 years working in analytical roles across Cambridgeshire and Peterborough. I began public health specialty training in 2011 and undertook training placements in a range of organisations across the East of England, finishing here in BLMK, where I was fortunate to secure my first consultant post. Personal areas of interest include using data to understand our populations, health needs and health outcomes and communicating this understanding effectively to drive change. I am passionate about reducing health inequalities and tackling the wider determinants of health (the social, cultural, economic and environmental conditions in which we live). I live near Cambridge, have a six year-old daughter and try to find time to sing in a choir, sew and run (occasionally and slowly).



Zara Jayne Brown

In 2005 I accredited as a Detective Constable. In 2010 I qualified as a Sergeant taking up post as a Detective Sergeant working alongside the Serious and Organised Crime Unit heading one of the largest covert operations Bedfordshire has undertaken into Drug trafficking, attaining PIP 2 accreditation. In late 2010 I took up post as the Force lead for Hate Crime. In 2011 I moved to the Public Protection Unit working as a Detective Sergeant supervising the Violent and Sex Offender Management Team and Rape Investigation. On promotion to Inspector in 2012, I assumed the role of Detective Inspector managing 3 teams across Bedfordshire, including Violent and Sex Offender Management, Rape Investigation and the Online Investigation. I qualified as a Hostage Negotiator. In 2013 I managed the Safeguarding Investigation Unit, managing complex investigations becoming the force lead for CSE. In 2014 I transitioned across to Serious Crime. In 2016 I moved across to head Community Crime, Local Policing as a T/Chief Inspector, managing 200 Staff, 16 sergeants and 2 Inspectors. I was promoted to Chief Inspector in 2017 with 16 years' service. In 2018 I undertook the role of Staff officer to the Chief Constable of Bedfordshire. I currently support the Chief in his National Portfolio for Race, Religion and Belief. I am a trained Post Incident Manager. I love to read, play football and spend time with my family.



Cocreate Consultancy – Hampshire 2020 Team



Andy Caldwell

LEAD DESIGNER

Andy has worked in the world of leadership development for over 10 years, creating inspirational leadership programmes and events for organisations including Sony, Google, the UN, and Olympian Michael Johnson. An accomplished executive coach, Andy's passion is for helping people to bring their best selves to the urgent work of collaborating on complex problems.



Tom James

PROGRAMME FACILITATOR

Tom has 15 years of experience working with organisations from across sectors to develop leaders and teams. He brings strategic advisory skills from his time at Brunswick, and expertise in the design and facilitation of talent and leadership programmes following six years at Three Hands. His strengths lie in getting the best out of people and for developing purposeful collaboration.



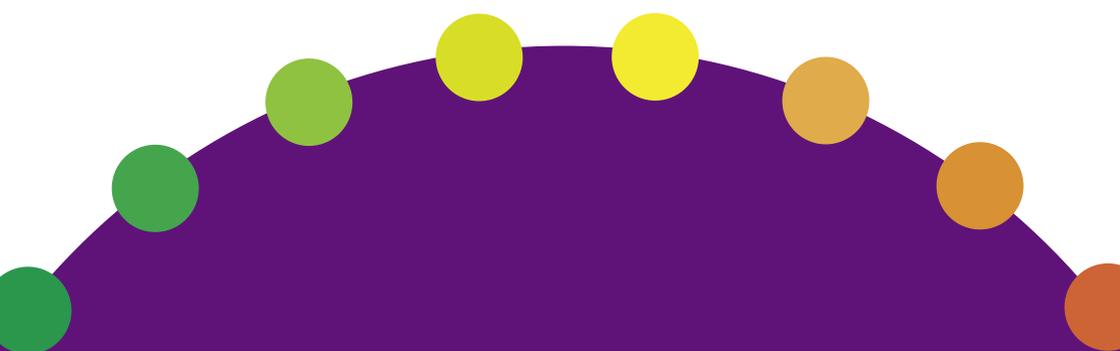
Sarah Richardson

PROGRAMME FACILITATOR

Sara is a qualified Executive Coach with over 15 years' experience working in OD and Leadership development for retail, telecommunications and fashion brands. Whether small, vibrant and creative or large global brands, she combines a unique intuitiveness with an empathetic and thoughtful approach that encourages growth and change.



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