

**Are you a Health Professional in
Bedfordshire, Luton or Milton Keynes?**



ESSENTIALS OF CVD

The Essentials of CVD course is aimed at learners who are new to working with asthma patients and would like an overview of the disease, diagnosis, and management. It is suitable for nursing staff, HCAs, HCSWs, or healthcare professionals who have been recently deployed in cardiovascular disease.

The course is online and delivered by Education for Health consisting of two, 2-hour webinars delivered six weeks apart. Following the first session, learners are asked to explore how they will apply their learning in practice and evaluate these outcomes in session 2.

Course Summary

On completion of this course, you will be able to:

- Explain what CVD is and the population groups it affects
- Recognise conditions (co-morbidities) that contribute to CVD and the impact they have on CVD symptoms
- Explain the impact of CVD on an individual's quality of life
- Explain the key diagnostic tools used in CVD
- Explain a range of pharmacological (medicine-based) and non-pharmacological (lifestyle-based) pathways used in CVD
- Apply your learning to 'real life' case studies

These interactive sessions will enable you to improve your clinical practice by:

- Discussing and reviewing best practice in CVD
- Recognising conditions that may contribute to, & are risk factors for CVD
- Exploring a range of treatment pathways and how they contribute to a person-centred care approach
- Reflecting on local practice

Course intake dates vary, please visit the [website](#) for more information

**If you are interested in this opportunity please complete the
expression of interest form and send back to
ccs.blmk.traininghub@nhs.net**

