

**Are you a Health Professional in  
Bedfordshire, Luton or Milton Keynes?**



## **ESSENTIALS OF DIABETES**

**The Essentials of Asthma course is aimed at learners who are new to working with diabetes patients and would like an overview of the disease, diagnosis, and management. It is suitable for nursing staff, HCAs, HCSWs, or healthcare professionals who have been recently deployed in diabetes.**

**The course is online and delivered by Education for Health consisting of two, 2-hour webinars delivered six weeks apart. Following the first session, learners are asked to explore how they will apply their learning in practice and evaluate these outcomes in session 2.**

### **Course Summary**

On completion of this course, you will be able to:

- Explain what type 1 diabetes is
- Explain what type 2 diabetes is, and the impact of Covid-19
- Recognise the symptoms of type 1 and type 2 diabetes
- Explain the impact of diabetes on an individual's quality of life
- Explain a range of pharmacological (medicine-based) and non-pharmacological (lifestyle-based) pathways used in diabetes
- Apply your learning to 'real life' case studies

These interactive sessions will enable you to improve your clinical practice by:

- Discussing and reviewing best practice in diabetes
- Recognising symptoms of type 1 and type 2 diabetes
- Developing an awareness of how different population groups are affected by diabetes
- Exploring a range of treatment pathways and how they contribute to a person-centred care approach

***Course intake dates vary, please visit the [website](#) for more information***

**If you are interested in this opportunity please complete the  
expression of interest form and send back to  
[ccs.blmk.traininghub@nhs.net](mailto:ccs.blmk.traininghub@nhs.net)**

**Diabetes**