

Are you a Nurse or Allied Health Care Professional in Bedfordshire, Luton or Milton Keynes?



Update in Continence & Ring Pessary Fitting

14th March 2022 - 9:30 - 15:30

(Break 12:00 - 13:00)

BLMK Training Hub are pleased to be able to offer a training session on continence and ring pessary fitting. The course will be delivered online through Microsoft Teams and is open to experienced Practice Nurses and AHP's . This course is delivered by Frankie Brown who has an MSc in Health Sciences (Gynaecology) Cert Ed in Higher Education. She is a retired Practice Nurse and Independent Lecturer and founder of BBO Training.

The course will cover:

- Management of female urinary incontinence
- Includes understanding of physiology/pelvic floor/medications etc
- Conservative and surgical management of uterovaginal prolapse, including a practical demonstration session on ring pessary assessment and fitting on a model

Learning Outcomes

- To help maintain awareness of developments in and up to date of information about continence issues in women and current prescribing formulary
- Demonstrate a critical understanding of key discussion points with patients
- To be confident on sizing and fitting ring pessaries
- Allows discussion of relevant practice problems and their solutions
- Develop an awareness of how attitudes and values may affect practice
- Raise awareness of ongoing development of practice and professional accountability within the speciality of Urogynaecology.
- To understand NICE Guidance around female urinary incontinence and management of prolapse.

**If you are interested in this opportunity
please email ccs.blmk.traininghub@nhs.net**