Are you a Healthcare Assistant in Bedfordshire, Luton or Milton Keynes?

BLMK
Integrated Care System
Primary Care Training Hub

HCA DIABETES ESSENTIALS TRAINING

17TH MARCH 2021 09.00 - 16.00

BLMK Training Hub are pleased to be able to offer Diabetes Essentials Training for HCAs. The course will be delivered by M&K Update and will be delivered online via Zoom.

Programme

- What is diabetes, its causes and symptoms
- Weight, BMI, waist circumference ratio
- Nutrition, exercise and obesity
- QOF indicators and diabetes
- NICE guidelines
- Blood results and what they can show
- Blood glucose control and measurement
- How to recognise signs of vascular disease and neuropathic conditions
- Essential foot care
- Medication how it works and side effects
- Recognising hypoglycaemia and its treatment and management
- The impact of diabetes on clients and their families Lifestyle choices and giving correct advice

Aims/Objectives

At the end of the course, the learner will know how to:

- Develop essential knowledge and appropriate skills in the quality treatment and management of the patient with diabetes

If you would like to book onto this course please email ccs.blmk.traininghub@nhs.net by 28th February 2022.