

Digital Resources for ICB staff

Beth Thompson
Knowledge Specialist

Knowledge and library services in BLMK

- Milton Keynes University Hospital library
- Danielle Freedman Library at L&D Hospital
- Bevan Library at Bedford Hospital
- BLMK Primary Care Knowledge Specialist

[MKUH Library](#)

[Bedfordshire Hospital Libraries](#)

[Primary Care Knowledge Specialist](#)

My role

- Primary Care Knowledge Specialist
- 2 year pilot scheme funded by HEE
- Currently 15 in post across England
- Embedded in the Primary Care Training Hub
- Support all primary care staff with research skills, access to evidence and knowledge sharing



How I support primary care staff

- Evidence searches
- Skills workshops
- 1-2-1 Research support
- Support with organising and sharing knowledge and best practice
- Support with access to resources via NHS OpenAthens

work-learn-live-blmk.co.uk/knowledge-specialist

Current Projects

- Developing a Health Literacy Awareness workshop
- Workshops and recordings to promote resources
- Promote my role and support I offer
- Exploring how I can support primary care staff over winter



NHS OpenAthens Eligibility

- All NHS staff
- All employees and contractors of:
 - NHS and non-NHS organisations which provide NHS-commissioned care, working directly with NHS patients
 - Organisations which commission NHS care
 - Organisations which provide government-funded social care
 - Registered healthcare professionals providing NHS care
 - Healthcare students on placement

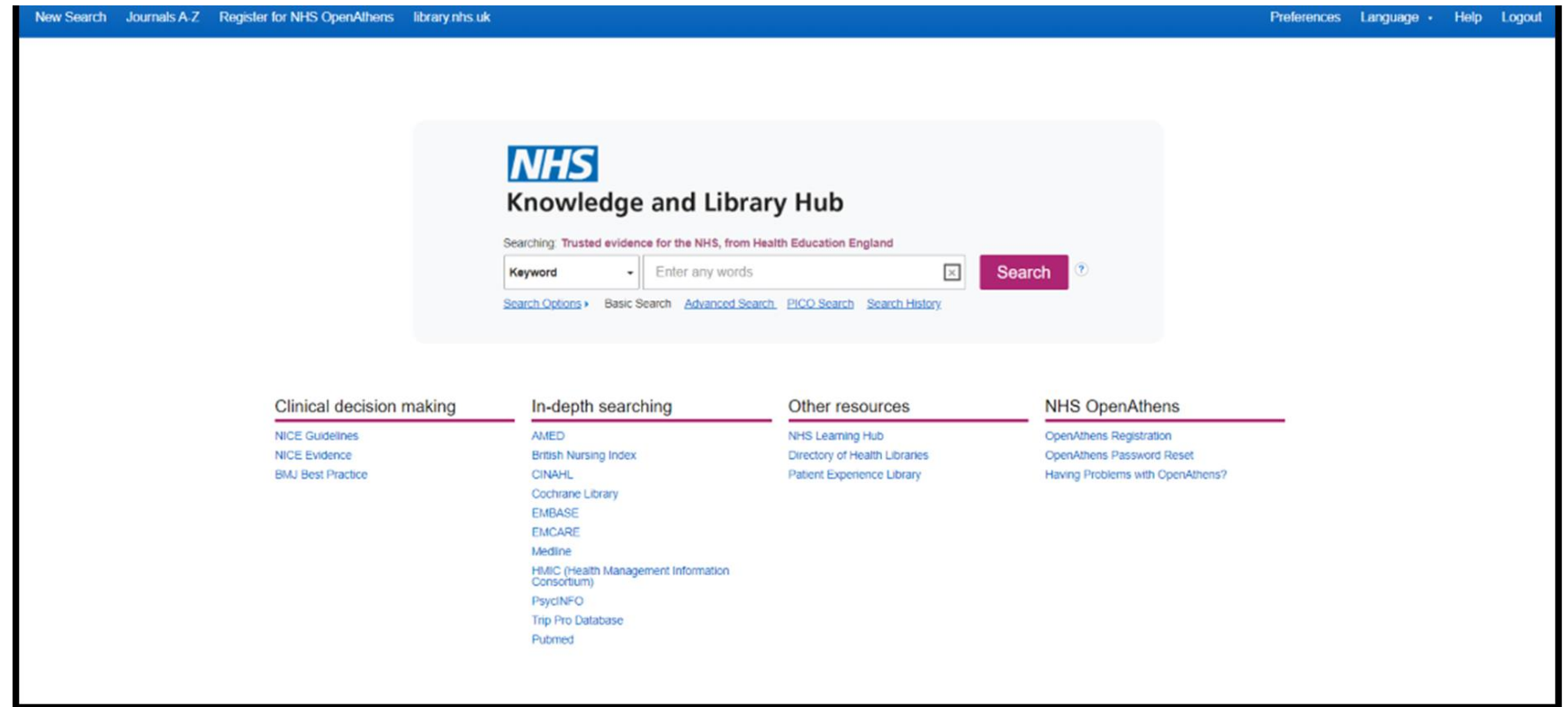
[NHS OpenAthens Eligibility](#)



Knowledge and Library Hub

[Access BLMK
Knowledge
and Library
Hub](#)

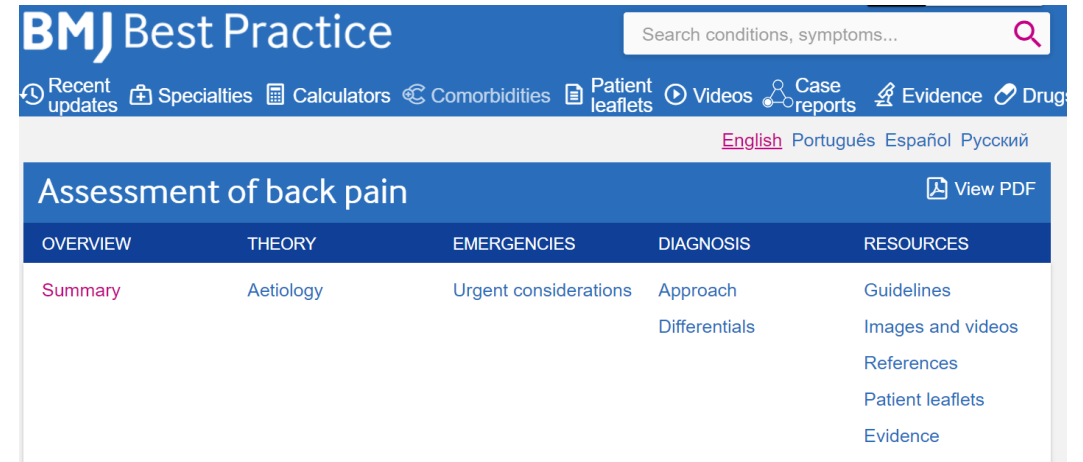
[Info about the
hub and
generic access
link](#)



The screenshot shows the NHS Knowledge and Library Hub website. The top navigation bar includes links for 'New Search', 'Journals A-Z', 'Register for NHS OpenAthens', 'library.nhs.uk', 'Preferences', 'Language', 'Help', and 'Logout'. The main content area features the NHS logo and the title 'Knowledge and Library Hub'. Below this, a search bar is labeled 'Searching: Trusted evidence for the NHS, from Health Education England'. The search bar has a 'Keyword' dropdown menu, a text input field with the placeholder 'Enter any words', and a 'Search' button. Below the search bar, there are links for 'Search Options', 'Basic Search', 'Advanced Search', 'PICO Search', and 'Search History'. The page is divided into four columns of links: 'Clinical decision making' (NICE Guidelines, NICE Evidence, BMJ Best Practice), 'In-depth searching' (AMED, British Nursing Index, CINAHL, Cochrane Library, EMBASE, EMCARE, Medline, HMC (Health Management Information Consortium), PsycINFO, Trip Pro Database, Pubmed), 'Other resources' (NHS Learning Hub, Directory of Health Libraries, Patient Experience Library), and 'NHS OpenAthens' (OpenAthens Registration, OpenAthens Password Reset, Having Problems with OpenAthens?).

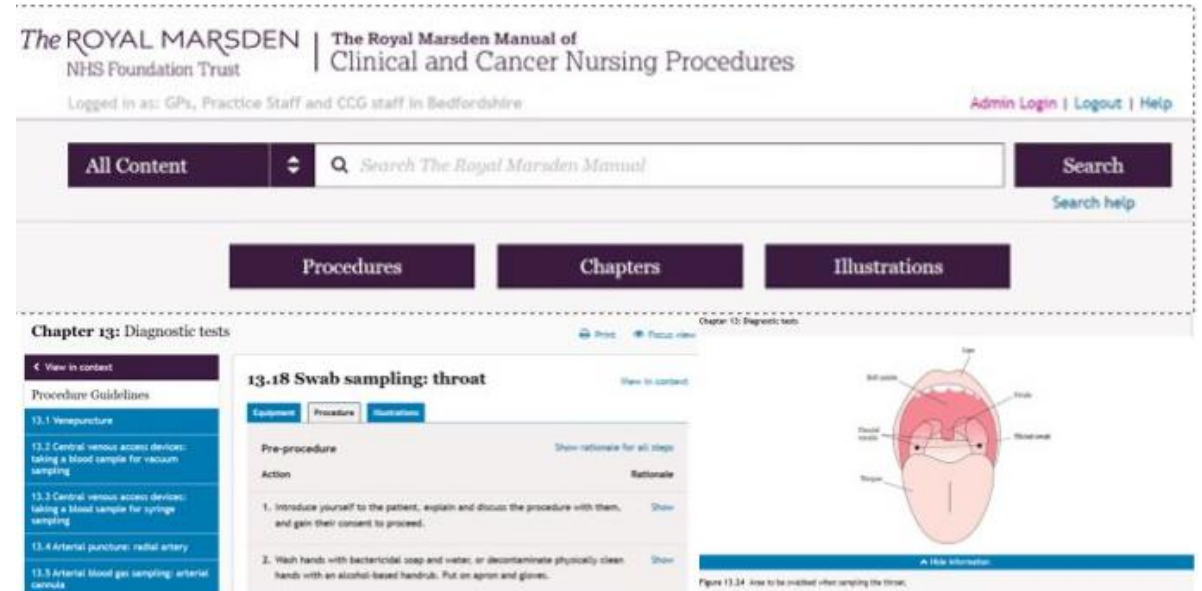
BMJ Best Practice

- Access via the Knowledge and Library Hub
- Or [via this link](#)
- Download the app to access anywhere



Royal Marsden Manual

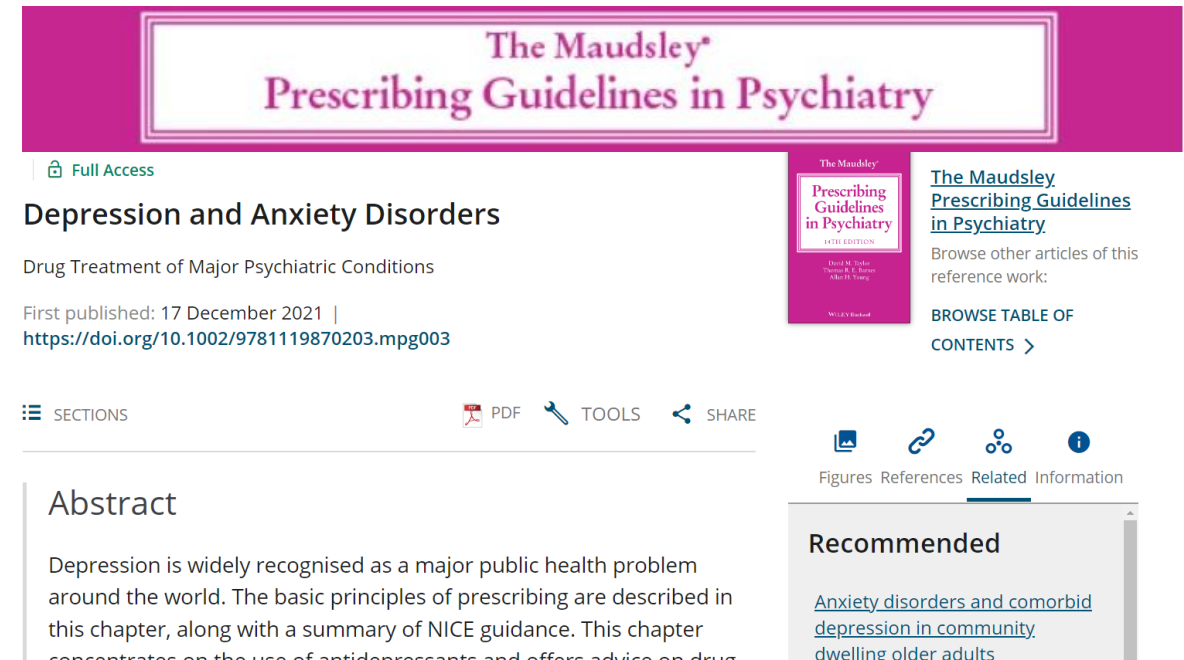
- Access via the Knowledge and Library Hub
- Or [direct via this link](#)



The screenshot displays the website for 'The ROYAL MARSDEN NHS Foundation Trust | The Royal Marsden Manual of Clinical and Cancer Nursing Procedures'. The page is logged in as 'GPs, Practice Staff and CCG staff in Bedfordshire'. It features a search bar with the text 'Search The Royal Marsden Manual' and a 'Search' button. Below the search bar are three tabs: 'Procedures', 'Chapters', and 'Illustrations'. The main content area shows 'Chapter 13: Diagnostic tests' with a 'View in context' link. A sidebar on the left lists 'Procedure Guidelines' including '13.1 Venepuncture', '13.2 Central venous access devices: taking a blood sample for vacuum sampling', '13.3 Central venous access devices: taking a blood sample for syringe sampling', '13.4 Arterial puncture: radial artery', and '13.5 Arterial blood gas sampling: arterial cannula'. The main content area displays '13.18 Swab sampling: throat' with a 'View in context' link. It includes a table with 'Equipment', 'Procedure', and 'Illustrations' tabs. The 'Procedure' tab is active, showing 'Pre-procedure' and 'Action' steps. The 'Action' steps are: 1. 'Introduce yourself to the patient, explain and discuss the procedure with them, and gain their consent to proceed.' and 2. 'Wash hands with bactericidal soap and water; or decontaminate physically clean hands with an alcohol-based handrub. Put on apron and gloves.' To the right of the procedure steps is an illustration of a human head in profile, showing the oral cavity and throat area. The illustration is labeled with 'Soft palate', 'Hard palate', 'Uvula', 'Tongue', 'Pharynx', and 'Esophagus'. Below the illustration is a caption: 'Figure 13.14 Area to be swabbed when sampling the throat.'

Maudsley Prescribing Guidelines

- Access via the Knowledge and Library Hub
- Or [direct via this link](https://doi.org/10.1002/9781119870203.mpg003)



The Maudsley*
Prescribing Guidelines in Psychiatry

Full Access

Depression and Anxiety Disorders

Drug Treatment of Major Psychiatric Conditions

First published: 17 December 2021 |
<https://doi.org/10.1002/9781119870203.mpg003>

SECTIONS PDF TOOLS SHARE

Abstract

Depression is widely recognised as a major public health problem around the world. The basic principles of prescribing are described in this chapter, along with a summary of NICE guidance. This chapter concentrates on the use of antidepressants and offers advice on drug

[The Maudsley Prescribing Guidelines in Psychiatry](#)
Browse other articles of this reference work:
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Figures References Related Information

Recommended

[Anxiety disorders and comorbid depression in community dwelling older adults](#)

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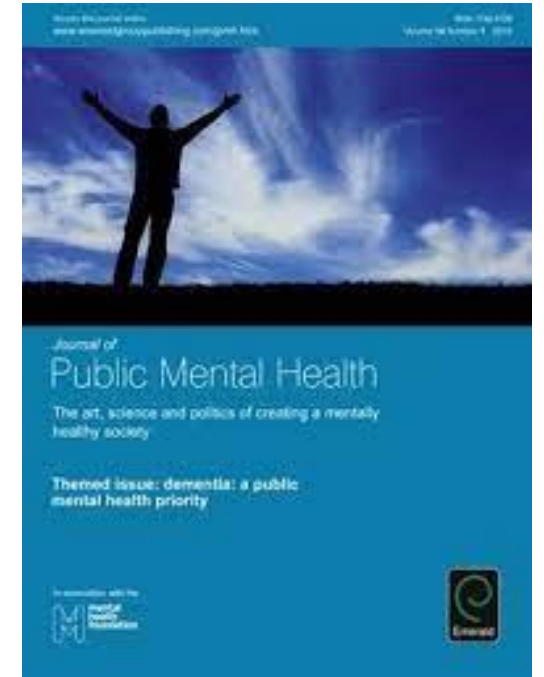
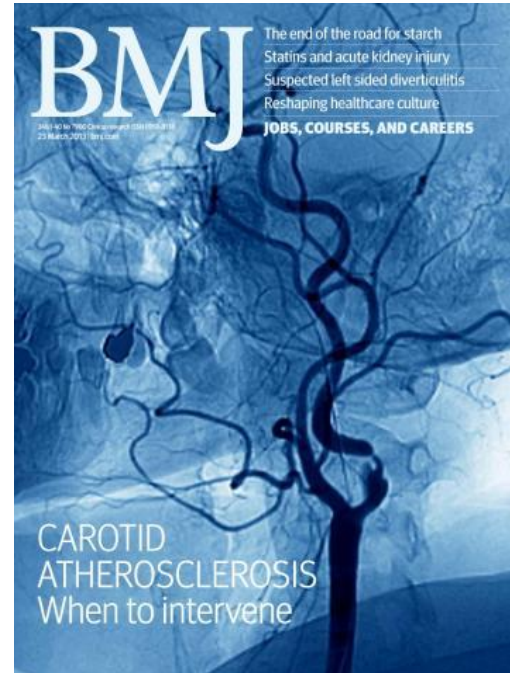
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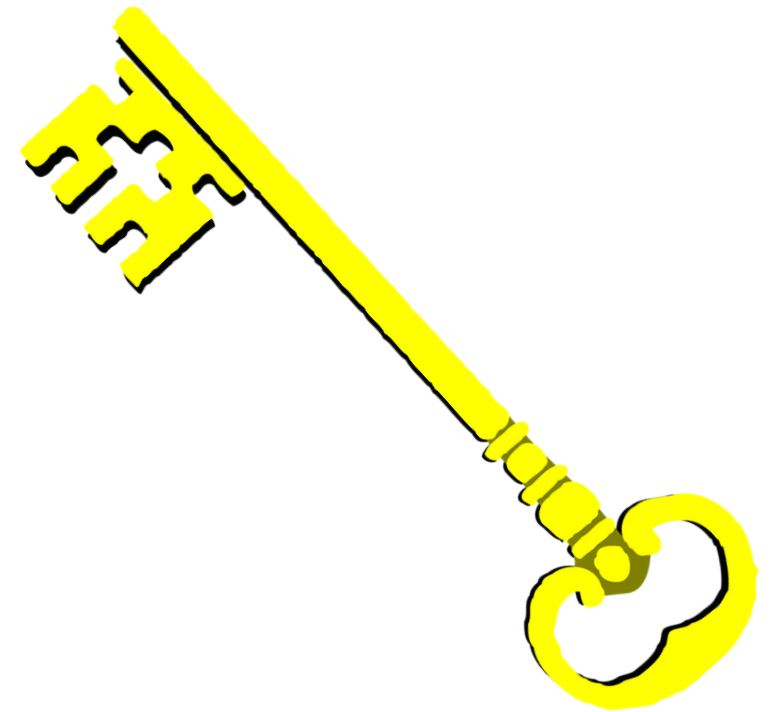
Databases



Access via the Knowledge and Library Hub

Sign up for NHS OpenAthens

- Search NHS OpenAthens Registration or go to openathens.nice.org.uk
- Set your organisation as BLMK
- Use your NHS email address



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WL Calmbach, M Hutchens - American family physician, 2003 - aafp.org

... encounter patients with **knee pain**. Accurate diagnosis ... causes of **knee pain**, as well as specific physical **examination** skills. ... The physical **examination** should include careful inspection ...

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HEE and the Reading Agency Uplifting Resources

Online/website

You can use at your leisure via your usual device or computer.

- [Soundscapes for Well Being](#) – Virtual soundscapes of nature and music from the BBC. *“Made me feel calm and connected to nature when I was staying inside.”*
- [Music For Well-being](#) – Music playlists for different moods from the Recovery College Online.

Poems

Poems to lift your mood.

- [Still I Rise](#) – Maya Angelou *“It is about triumph over adversity.”*
- [Love After Love](#) – Derek Walcott *“...every time I read it, my heart swells.”*
- [Making A Difference](#) – Lemn Sissay

Uplifting Resources

More details and contact info

More details:

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NHS Knowledge and Library Services (HEE):

library.nhs.uk