

Are you a Healthcare Assistant in Bedfordshire, Luton or Milton Keynes?

Diabetes Essentials Training

Wednesday 1st March 2023 9am - 4pm Via Zoom

BLMK Training Hub are pleased to be able to offer Diabetes Essentials Training for Healthcare Assistants. This course will be delivered by Mk Update for 1 day and will be delivered remotely on the date above. Please see below for more information on what the course will cover.

Course Overview

Aimed at health care assistants working in General Practice who want to develop themselves and the wider team in the care and management of the patient with diabetes

Course Content

- What is diabetes, its causes and symptoms
- Weight, BMI, waist circumference ratio
- Nutrition, exercise and obesity
- QOF indicators and diabetes
- NICE guidelines
- Blood results and what they can show
- Blood glucose control and measurement
- How to recognise signs of vascular disease and neuropathic conditions
- Essential foot care
- Medication how it works and side effects
- Recognising hypoglycaemia and its treatment and management
- The impact of diabetes on clients and their families Lifestyle choices and giving correct advice

Course aims and objectives

Develop essential knowledge and appropriate skills in the quality treatment and management of the patient with diabetes



If you are interested in this opportunity please complete the expression of interest form and send back to ccs.blmk.traininghub@nhs.net