

**Are you a Healthcare Assistant in Bedfordshire, Luton or Milton Keynes?**



# Respiratory Essentials Training

**Friday 17th March 2023 9am - 4pm Via Zoom**

**BLMK Training Hub are pleased to be able to offer Respiratory Essentials Training for Healthcare Assistants. This course will be delivered by Mk Update for 1 day and will be delivered remotely on the date above. Please see below for more information on what the course will cover.**

## Course Overview

Aimed specifically at health care assistants and support workers (HCAs/HCSWs) working with patients who have a respiratory condition in the Primary Care setting. The course will develop knowledge and skills and will appeal to those who want to enhance the quality of care delivered by the wider team.

## Course Content

- Anatomy and physiology of the the lungs and respiration
- Factors affecting normal lung function
- Common respiratory conditions and their terminology
- Identifying common signs and symptoms associated with respiratory conditions
- Conditions that may be associated with breathlessness
- What is an exacerbation of a condition
- Spirometry - What is it and why is it performed?
- Routine investigations and blood testing
- Drugs used to treat respiratory conditions
- Inhaler delivery systems
- Management of asthma and COPD
- The effects of a respiratory condition on the patient, their family and carer

## Course aims and objectives

Develop essential knowledge and appropriate skills in the quality treatment and management of the patient with Chronic Obstructive Pulmonary Disease (COPD) and Asthma.



**If you are interested in this opportunity please complete the expression of interest form and send back to [ccs.blmk.traininghub@nhs.net](mailto:ccs.blmk.traininghub@nhs.net)**